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## **Introduction**

Dr. Li Hua is a professor of philosophy and of psychology and she is the Director of Mental Health Education and Counselling Center at Sun Yat-sen University. She is a member of the Steering Committee of the Mental Health Education Experts of the Ministry of Education of China, and a member of Psychological Counseling Committee for College Students of the Chinese Association for Mental Health. She had been a visiting scholar at the French Institute for Advanced Study of Humanities and Social Sciences, and a visiting researcher at University of Tokyo, Japan.

Dr Li's area of expertise: philosophy, psychological counselling, psychological crisis intervention, emotion healing

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